

Annotated Bibliography

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The topic of the research would be “Parent Training Intervention who have Autistic Children”.

This topic would relate to the training of the parents through Applied Behavioural Analysis (ABA) Therapy.

McConnell, S. L. (2017). *Parental Perceptions and Misconceptions about Applied Behavior Analysis-Based Therapy* (Doctoral dissertation, The University of Texas at San Antonio).

According to McConnell, 2017, it has been discussed that the Discrete Trial Training could be considered as the purest form of ABA. The concerned intervention helps in breaking down the skills and behaviors of the concerned person into the smallest of the pieces which would help the parents in understanding the child's ability and the weaknesses from every perspective. If the parents are given the training for discrete trial then they would apply it in the child's day to day activities and every single action of theirs and of the child would act as a learning tool for the child. It is like knowing every bit of details about the child's behavior and his actions which could be translated into his strength and ability.

Lerman, D. C., Hawkins, L., Hillman, C., Shireman, M., & Nissen, M. A. (2015). Adults with autism spectrum disorder as behavior technicians for young children with autism: Outcomes of a behavioral skills training program. *Journal of Applied Behavior Analysis*, 48(2), 233-256.

In an article by Lerman et al. 2015, p. 233, an example has been, if the child likes to be in his own world, or repeats a certain action over and over again or just keeps on imitating people. The parents could be asked to practice the DTT therapy at home and while playing with the child, every single detail of the child's action should be noted down by the parents and then discussed

with the therapist. This would be beneficial in every way. The child would not feel uncomfortable on interacting with a therapist, the feeling of being a patient would not be there, the parents would get to know the child more closely, the child would receive the therapies while playing and doing other tasks. This would build up the confidence in the child and in the parents, a belief would be built that their child can be a normal one if their support and courage are contributed well.

The autistic children are the ones who need an extra care and as they view from a different perspective which a normal human being cannot even think of, this demands the person around them to have a lot and lot of patience and also an ability to understand the other person's thoughts and views. The weak characteristics of the autistic child are that they need help in language, social interactions and every other common activity which a normal child can do very easily becomes a challenge for the autistic child to execute. Here comes the role of the parents, as parents are the only ones for a child who understand them completely and can become the best teacher for them. A teacher is someone who understands his student's weaknesses and strengths and knows the correct way of presenting things in front of the student so that he reacts positively. ABA therapy would help in channelizing the parents in such a manner that they become the best guidance and the best teacher for their child. The Discrete Trial Training (DTT) which is an intervention of ABA therapy could be the most feasible one for applying in the parents Training Intervention.

The mentioned research topic would bring a new meaning to the Discrete Trial Training as this would widen up the thinking of the parents and of the child together. A new meaning and a new method would be launched which would inculcate the positive vibes in the autistic child and the fear of visiting the therapist would vanish. A learning environment would be created at home

which would be carried on with the parents and the child wherever they would go. The area of learning would not be restricted just within the therapist's center. This could be an interesting and a wide scope of development along with knowledge could be built up with the research. Studying the concerned topic from the therapist's view, parents view and the autistic child's view would provide just the positive and knowledgeable views. On the execution of the research, it is believed that some very helpful and realistic solution would be granted.

References

- Lerman, D. C., Hawkins, L., Hillman, C., Shireman, M., & Nissen, M. A. (2015). Adults with autism spectrum disorder as behavior technicians for young children with autism: Outcomes of a behavioral skills training program. *Journal of Applied Behavior Analysis, 48*(2), 233-256.
- McConnell, S. L. (2017). *Parental Perceptions and Misconceptions about Applied Behavior Analysis-Based Therapy* (Doctoral dissertation, The University of Texas at San Antonio).